

**BV.RAJU COLLEGE**  
**VISHNUPUR, BHIMAVARAM**  
**TOTAL BEST PRACTICES DURING THE YEAR 2018-19**    **|: 4:|**

BEST PRACTICE-1:

DESIGNING OF PSYCHOLOGY WEBSITE FOR SRI VISHNU EDUCATIONAL SOCIETY:

THE CONTEXT THAT REQUIRED THE INITIATION OF THE PRACTICE:

An increasing amount of attention is being directed to the transition to higher education. It is a movement that incorporates a great deal of stress and challenge. Although some students are able to experience this transition as a challenge to personal growth, other students are overwhelmed by the changes and experience emotional maladjustment and depression. These difficulties are often present as inefficiencies in coping with Family separation, time and stress management, basic study techniques, goal setting, relationship formation, handling emotions, and self-esteem crystallization. Personal, academic, social, and professional success depend on the student's ability to manage these aspects of their lives. These conditions may hinder students from excelling on tests, completing assignments or even making it to class. In extreme cases, students may even drop out of college. Young people are spending most of their day on the internet – experiencing cyber-crimes, cyber bullying, and playing violent video games. suicide and substance of abuse numbers have been steadily rising and young adults are in the age when serious psychological problems can occur and yet they are taught little to nothing about those.

Sri Vishnu Educational Society has diversified student community of various age groups under multidisciplinary programs and courses in technology, sciences, medical, pharmaceutical etc, comprising of 10000 plus students around. Department of Psychology, a wing of Sri Vishnu Educational society wants to bring attention to above cited issues of its students and staff who are facing multiple psychological issues and begin the conversation around what they need in order to grow up healthy, happy and resilient.

Since students and sometimes faculty may hesitate to come forward and open about their challenges and issues related to psychological wellbeing there must be a common plat form like a website to resolve.

OBJECTIVES:

- 1) To conduct psychology screening tests to know the behaviour/ personality of the student community.
- 2) Students will understand their psychological issues individually and get help out of frequently answered questions.

- 3) To empower pupil to reclaim their lives by providing guidance, counselling, psychotherapy and life skills for improving psychological wellbeing. And activities to improve their personality
- 4) Girl Students can address their issues by writing mail directly to [psy@srivishnu.edu.in](mailto:psy@srivishnu.edu.in) or they can contact through phone 09100972237

#### THE PRACTICE:

Dr. K. Bhavani Prakash, HOD and Ms. Geetha Priya, (counselling psychologist) of Psychology department from SVES has taken necessary direction and approvals from the management and concerned authority for this initiation to cater the needs of students' psychological issues. **B Lakshmana swamy** student from III MCA and I Vijaya Tulasi faculty from MCA and S.K. Alisha, faculty and TPO from MCA department of B V RAJU COLLEGE constituted as a team for this practice and taken guidelines, mentoring and suggestions at regular intervals from above psychology team about 30 days. It is inaugurated on 12-02-2019 by our honourable Chairman Sri K.V. Vishnu Raju garu, the services and contributions of the website designer Lakshmana swamy are appreciated with commendation certificate along with cash honorarium of Rs.10,000/-

#### CHALLENGES AND RESOURCES:

- 1) Wide fraternity in student community; so that proper alignment in platform designing to address their common issues especially for students coming from diversified rural areas and typical social and economic backgrounds
- 2) Management provided discussion chambers for students and psychology department, taken required information for initial design by conducting interactive sessions.
- 3) Technical support from the Department of MCA wherever applicable along with systems, software support, internet and lab facilities
- 4) Academic flexibility Provision for website designer and supporters.

#### EVIDENCE OF SUCCESS:

- 1) The student community of SVES, Bhimavaram are benefitted by this remarkable practice, they addressed most of their issues through this platform and sought relief for their common psychological issues.
- 2) The students understood that such type of practice is required too.
- 3) Students behaviour, their success in academic activities, discipline, decrease in grievance cell visiting students count associated with counselling and psychological issues at the society level.
- 4) Link for the website: <https://svespsychologybvrn.in>

Notes: coordinator for this practice: S.K.Khadar Alisha, faculty from MCA, mobile no: 8374798375

## BEST PRACTICE-2:

TITLE OF THE BEST PRACTICE: Best practices visit to Reputed Colleges in various States

THE CONTEXT THAT REQUIRED THE INITIATION OF THE PRACTICE:

Best practices make colleges more efficient in delivering knowledge to the students and also create the learning culture in student community over a period of time. The same is discussed many times in IQAC meetings and other informal meetings in college. The initiation to achieve this by visiting colleges with reputation and long history in degree education came from our Honourable Vice Chairman and Management team along with CAC. Heads of the departments and senior faculty are chosen by principal sir to visit and learn details about Best practices in Hyderabad (Telangana), Bangalore (Karnataka) and Chennai (Tamilnadu) States. Different syllabi and course structures and recent trends in knowledge, programs across southern states also one of the reasons behind the Best practices visit.

## OBJECTIVES:

- 1) To Visit the reputed degree colleges in Telangana, Karnataka and Tamilnadu states to learn the best practices implemented in those colleges.
- 2) To implement the suitable best practices in our college in tune with our environment and sustainability of academics as early as possible.
- 3) To create the learning culture on par with best colleges in cities like Chennai, Hyderabad, Bengaluru.
- 4) Students' involvement in various activities, student culture, achievements/success stories to get motivation and initiation for their implementation for future academics.
- 5) To get research provisions, collaborative activities, MOU acquisitions on proper grounds (if applicable)
- 6) To know better Functioning of IQAC, placements training and career guidance activities,

## PROCEDURE/PRACTICE OF THE OBJECTIVE:

After Vice chairman Sir initiation, Principal Sir immediately submitted a plan to the higher-ups and sought permission. He selected HODs and senior faculty and made them into three groups. The cities for visits chosen are Hyderabad, Bangalore and Chennai. It is decided that one group will visit one city reputed colleges/universities/institutions in that area and finally all the best practices will be discussed in detail after the completion of visits. They need to submit a report to the principal, after final consolidation suitable plan of action will be given by the Principal to IQAC and CAC. All the members tried for permissions from reputed degree

colleges in Hyderabad, Chennai and Bangalore and they are acquired with the help of campus industry liaison officers. As our college is running B.Sc, B.Com, M.Sc, MCA courses the visits are also planned for colleges with similar courses. The colleges are chosen in such a way that all are autonomous with NAAC accredited "A" or higher status and having research, career guidance culture.

- 1) Total 3 teams are framed for this purpose; in which One team visited Loyola College, Maris Stella College in Chennai, One team went for St. Joseph College, Mount Carmel College for women, Christ University, and Kristu Jayanti College in Bengaluru; One team visited St. Ann's College and Aurora College in Hyderabad. Each team spent minimum of three working days (excluding travel time) and observed all the best practices in those colleges. All the principals and IQAC in charges from cited colleges received our teams generously; and their hospitality is really appreciable. Our teams keenly observed the best practices in those colleges, visited labs and interacted with faculty, HOD's, librarians and other key persons. Employees of our society in Hyderabad, Chennai and Bangalore and industry liaison officers team helped our teams in these visits.
- 2) After completion of these visits all the three groups sat together and listed out best practices observed along with material collected from those colleges and a report was submitted to principal sir. Based on the report a final report was made by principal sir and submitted to Vice chairman sir.

#### PROBLEMS/CHALLENGES ENCOUNTERED & RESOURCES REQUIRED:

There are no major problems. Only minor problems encountered.

- 1) Getting permission from few colleges due to their academic, placement activities schedules.
- 2) Travelling long distances in short duration. Resources are provided by Management and our society institutions in Hyderabad, Chennai and Bangalore.
- 3) Framing/designing suitable plan of action after these visits for the implementation of gathered information for future course. Suitable Metrics formation for the practices which are going to be implemented.
- 4) Since the institutions visited are diversified under various criterion, it is not practically possible for the visited teams to design common issues/ questionnaire /specific process for information gathering, to accomplish the tasks attained. So each team went with their own plan of action and questionnaire preparation and submitted their report in desired format to the Principal.

#### EVIDENCE OF SUCCESS:

- 1) The satisfaction in visited Teams and management appreciation on Final report itself is a major success of “Best practices visit”. The implementation of club activities is also an immediate success. We hope that the real success will be visible in few years.
- 2) The future plans for various academic and curricular activities, culture and skill set generation by conducting state level events like ASPIRE-2018
- 3) Acquiring knowledge in strengthening decentralization process under different activities through curricular and administrative process
- 4) Attaining MOU with CSIR-IICT for Chemi-informatics course

### BEST PRACTICE:3

#### TITLE OF THE BEST PRACTICE: ASPIRE-2018

#### THE CONTEXT THAT REQUIRED FOR THE INITIATION OF THE PRACTICE

The role of upgrading skills of the students is of paramount importance, we wish to lay the foundations for their success in reaching their goals; also, it is traditionally considered that events are useful for much productivity in relation to academics and non-academics. For Aspire- 2018, a state level symposium is designed. We anticipated that through aspire-2018 the students should reach higher levels in all aspects of academics and technical skill acquirement, knowledge; various activities under different institutions will be taken into consideration, we conduct ASPIRE 20, which provides students with the platform that comprise a plethora of activities such as intellectual activities, artistic activities and other types of activities. Intellectual activities are to make the students train to enquire into nature of events; produce knowledge and skills. Artistic activities are to make them aesthetically alive so that they develop in various arts.

#### OBJECTIVES OF THE PRACTICE

- 1) It is predominantly to give those who are endowed with special talents a chance to extend themselves and to grow in their area of expertise; to prepare students for real life and identify themselves
- 2) To enable the students to take up project work boldly in all sorts of fields (Technical, and core subjects' area); to assist them to develop their skills such as presentation, leadership, personal and interpersonal and communication.

#### THE PRACTICE

A one-day symposium, Aspire 2018 is planned and to be organized on 29 December 2018. This grand endeavour was successful under the guidance of event co-ordinator, M.E.A.V.V. Rambabu who was aided by the entire teaching and non-teaching faculty, student community who took a great part in symposium management. Teams of faculty accompanied with some students have visited various colleges and show cased the event details, context, advantages to institutions and for distant institutions canvassing is made through social

media, also phone call conversations helped us to enrol a greater number of students for their effective participation in this event.

Different committees are formed at college level for monitoring the activities, management approval is taken and level-1 authority has given directions wherever necessary. It teemed with plethora of eye-catching cultural activities, fascinating competitions in connection with different academic subjects, and logical quizzes. Ingenious competitors from various colleges came to the event, participated in all competitions, and gave sublime performances. And all participants grew more prudent and beamish at the conclusion of the event.

#### CHALLENGES AND RESOURCES :

- 1) It was strongly determined that every possible problem, dispute, and risks should be avoided and much prominence should be given to learning skills and to the enjoyment of participants
- 2) Financial support from the management in a positive tone till the end of the event.
- 3) More number of incumbents than the expected count even though prior registration provision and enquiry is made.
- 4) Coordination from various departments, designing of activities suitable for event conduction related to current trends and resources provision and accommodation, willingness of resource persons and judges for their role and participation in the middle of the Academic year.

#### EVIDENCE OF SUCCESS

Accomplished all the objectives of the event.

All intellectual, artistic and cultural activities were held successfully. For this, we took enough time to make all the necessary arrangements; provided computer facilities for the smooth conduction of event activities; security for the sake of safety of all participants; proper arrangements of venue for cultural activities; time management in organising the whole event; splendid team support in running the entire event; most importantly enough financial support generated for impressive conduction of the event.

ASPIRE 2018 is more than just competitions and cultural showcases; it is symposium where students can encounter different provoking challenges.

Notes: Coordinator for this event: M E A V V Rambabu, HOD, Lifesciences, B V Raju College,  
Mobile:07416898141, 9949122123

#### BEST PRACTICE:4

TITLE OF THE BEST PRACTICE: MOU with CSIR-IICT and CIVILS COACHING INITIATION

#### THE CONTEXT THAT REQUIRED FOR THE INITIATION OF THE PRACTICE

The success of a student is not only based on his/her in depth understanding of curriculum syllabi but also on the ability towards its implementation and contribution for the benefit of society. He/she deemed to be fit for work, successful career on these parameters as well. Improvisation of knowledge in current trends related to industry, scientific fervour, social responsibility are the metrics for this paradigm. So, the institution has taken a key decision to acquire MOU with CSIR-IICT, Hyderabad for UG and PG chemistry background students to undergo a training on cheminformatics' course which provides Hands on training along with knowledge upgradation in subjective areas.

Being a citizen, one should do the best in contributing services for society, as many students have a dream to become CIVIL services employee proper channelization and mentoring is available in most of the cities, metropolis, corporation areas only. Students from rural background having the zeal to become CIVIL services aspirants are at lack of support, mentorship, focussed vision etc. To support their vision, we started CIVILS coaching in the current academic year for spired students.

#### OBJECTIVES:

- 1) To attain MOU with CSIR-IICT, Hyderabad, for the benefit of students.
- 2) To provide training on latest laboratory tools, to provide the flavour of research, hands on experience and knowledge expertise in the subject.
- 3) To provide pipeline of activities for CIVILS aspired students from the institutions end.
- 4) Extension of such activities to the higher level and implementing various schemes in association with agencies for multiple competitive examinations in future on this practice success rate.



### THE PRACTICE:

- 1) Professor I.R.Krishnam Raju from MCA department, Ch.S.V.Satyanarayana, Academic In charge have taken the responsibility to accomplish the MOU with CSIR-IICT, Hyderabad. Necessary ground work and approvals from management are taken and they sat together with chemistry department faculty for choosing the organization, program/course details and students' involvement, their willingness to participate also other parameters in fulfilling this task.
- 2) Initially a circular is served to students and responses are collected through class mentors/HOD's about the conduction of this practice and aspirants count for CIVILS coaching, then action plan is designed along with TPO's with detailed schedule of activities, time slots, finance mobilization, venue discussion and coordinator(s) tasks. Initially the program is designed for spoken English, Current Affairs, General studies paper lectures etc, later on it will be extended to full length optional paper coaching at equal pace of conduction.

### PROBLEMS/CHALLENGES ENCOUNTERED & RESOURCES REQUIRED:

- 1) Girl student's willingness to stay at CSIR-IICT, Hyderabad and parent's approval for selected students.
- 2) Management has provided financial support for this activity.
- 3) CIVILS Coaching should not affect students regular academic and curricular activities
- 4) Finance mobilization, doubts of success rate, Resource person work compatibility and experience, parents and students focus on their vision.
- 5) Synchronisation of academic syllabi, placement drives, training module conduction, examinations etc.

### EVIDENCE OF SUCCESS:

- 1) MOU with CSIR-IICT, Hyderabad is attained on February 1<sup>st</sup> 2019. Students' satisfaction and their positive feedback on similar future activities.
- 2) Parents support and student's effective participation in CIVILS coaching and their valuable feedback.

### CONTACT DETAILS:

Name of the Principal

Dr.CH V SRINIVAS

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